

## What's Next?

### Senior Adventures in Learning and Travel (SALT), LLC

Welcome to the best lifelong learning program along the Grand Strand! Under the leadership of Kelli Barker and Carol Osborne, SALT will offer educational enrichment and social interaction to community members through online and F2F courses and clubs, and local and regional excursions. See below for the complete lineup for our fall term, which begins **September 6** and ends **December 16**. After information and netiquette guidelines, you will find courses and clubs listed alphabetically by title within each subject category. Following this part of the catalog, which includes title, instructor, description, materials needed (if any) and material fees payable to instructor, schedule, course number, and course fees, you will find the same courses (title and instructor only this time) organized by day and time in the At-a-Glance section. The next section lists the local and regional excursions and the national and international tours that are now open for registration. Instructor bios can be found on the website. We hope that you will join us for what promises to be a fantastic array of enrichment opportunities. Spice up your life with SALT!

|  |                      |   |                       |
|--|----------------------|---|-----------------------|
| <a href="#">Registration Guidelines</a>  | <a href="#">1-2</a>  | <a href="#">At-a-Glance</a>                           | <a href="#">13-14</a> |
| <a href="#">Participation Guidelines</a> | <a href="#">2</a>    | <a href="#">Local Excursions</a>                      | <a href="#">15-20</a> |
| <a href="#">Course/Club Descriptions</a> | <a href="#">3-12</a> | <a href="#">National and International Excursions</a> | <a href="#">21-22</a> |

#### [Registration Guidelines](#)

In order to take classes at SALT, you must purchase a membership first. The membership fee for the fall term is \$25. Registration will open on August 8 through our website, [wnsalt.com](http://wnsalt.com). Click on "Get Started" in the upper right-hand corner of your screen, select the membership, go to your cart and enter your payment information. Once you have set up your account and password, then you can login, click on "Courses" or "Excursions," and select the ones you want, add them to your cart, and once you have finished, click on the cart in the upper right-hand corner of your screen and check out. Because of limitations of our online system, we ask that each individual have a unique email address. If couples use the same email address, the system does not include both names on our rosters, which has led to problems in the past.

Membership brings **additional benefits**: free classes and special events; newsletters and updates; and the sense of belonging to a special community of lifelong learners. Classes vary in length from 1-3 hours and in duration from 1 to 10 weeks; therefore, members may register for upcoming classes at any point in the semester. However, we ask that you register at least one week before a course begins. Otherwise, the class may be cancelled due to under-enrollment since we "call" classes one week out. If we cancel a class, you will receive a refund. No refunds will be issued if you drop a class, whether this drop comes before or during the class. If there are extraordinary circumstances (such as a hospitalization or death in the family), you may appeal this rule. Decisions about refunds will be made on a case-by-case basis.

You are registered as soon as you receive your email confirmation. Be sure to mark your calendar for the first class meeting. You may join a class that has already begun for the full course fee, pending the instructor's approval. You will receive an email with a link to your class's Zoom meeting the day before the class is held. All you need to do beforehand is to download the free Zoom app to your device. Then you can click on the link and join the meeting five minutes before the class is scheduled to begin. All online instructors have been told to end their classes ten minutes before the hour so there will be no overlap in the classes.

## SALT Catalog Fall 2022

Each individual attending an online class must be registered as a member of SALT and as a member of the class. **Even if you are using the same device as a friend or spouse, each of you is responsible for enrolling and making full payment before attending a session.** We appreciate your cooperation. Please recognize that we have no outside funding at this time, and every time you “cheat the system,” which isn’t hard under these circumstances, you are making it less likely that we can continue offering a lifelong learning program to the community.

### Technology and Netiquette

Most classes will be delivered via Zoom this fall. If you need assistance downloading the Zoom app, please let us know. For our classes that are offered online, we are including a few guidelines to ensure that all members and instructors have a positive experience.

1. **Mute yourself** unless you are speaking. This will improve the sound quality for everyone in the class. Use only one device to log on, or you will create a feedback screech sure to annoy everyone.
2. Unless there is a pressing reason not to do so, turn your **camera on**. Socialization is so much easier when we can see one another’s faces. However, if you do not have a camera on your device or you are having a really bad hair day, you can still participate without being “present” visually.
3. Try to keep your device still during the class. When you have your camera on, others may find your movements distracting if you walk around your house, fidget with your controls, or interact with others in your home. You can always **turn the camera off** if you need to excuse yourself during class. Remember that everyone else can see what you are doing if it’s on—so please, no bathroom visits during class with the camera rolling! And be mindful of where your camera is pointed. We would rather see your face than other parts of your body!
4. Use the **chat feature** to communicate with the instructor and the rest of the class. You can direct your comments to the teacher or to everyone.
5. Log in to each class **on time**. Late arrivals are distracting for the instructor and the other students in your class.
6. As in all lifelong learning classes, **be polite** even if you disagree with the opinions of your classmates. We want our classes to be safe spaces where members can benefit from open and civil discourse. If you experience any impropriety within the program, from instructors or other members, report your concerns to [wnsalt22@gmail.com](mailto:wnsalt22@gmail.com) as soon as possible. Also, be considerate of others and refrain from dominating discussion or talking over other students.

### Face-to-Face Classes

We ask all students attending F2F classes to be fully vaccinated for the safety of other SALT participants. We will also ask you to sign a liability waiver at the first meeting. We wish to thank Bethea United Methodist Church, Churches Assisting People, and Melech Ha Olam Synagogue for their generosity in sharing their space with SALT. Please respect these spaces and clean up after yourselves, leaving no trace behind that SALT was there (including garbage).

### SALT T-Shirts

Anyone who donates \$25 is welcome to a beautiful SALT t-shirt if picked up in person. If you would like a t-shirt mailed to you, then donate \$40 and we will be happy to send it to you!

## Community Care Projects

### **Thursday, Sept. 29, 3-4 p.m., Food Drive for Lowcountry Food Bank, Tidal Creek Brewhouse**

Please bring non-perishable food items to the SALT van, which will be parked outside Tidal Creek Brewhouse on Johnson Avenue in Market Common. Afterwards, join us inside for our meet & greet.

### **Wednesday, Dec. 7, 1-2:30 p.m., Toys for Tots Collection, Kohl's and University Commons**

We will bring our SALT van to the Kohl's parking lot (corner of 544 and 17 Bypass) at 1:00 and to the University Commons parking lot (corner of 502 and University Blvd.) at 2:00 to collect items for Toys For Tots. Please help SALT give back to the community!

## Special Events

### **Artsy Folks with Fabulous Stories**

Join Kelli Barker as she interviews creative individuals whose stories will amaze and delight you.

**Friday, 1-2 p.m., 9/16, 9/23, 9/30, 11/4, SALT 029, \$20, online**

### **Not Your Normal 9 to 5, Kelli Barker**

Meet 6 people whose unique occupations have given them fascinating stories to tell.

**Friday, 11 a.m.-noon, 9/16, 9/23, 9/30, 11/4, 11/18, 12/2, SALT 026, \$30, online**

### **SALT Travelers Meet & Greet**

Join us at Tidal Creek Brewhouse, 3421 Knoles St. in Market Common, for a happy hour. This will give SALT members a chance to mingle in a relaxed setting. For single travelers, it's also a chance to meet potential roommates for future SALT regional, national, or international trips. Food and drink not provided; you must purchase your own.

**Thursday, 4-5 p.m., 9/29, SALT 028, Free, F2F, Tidal Creek Brewhouse**

### **Happy Holidays from SALT**

Let's gather virtually for some contests (with prizes), stories, and laughs to celebrate the end of the semester and the upcoming holidays.

**Thursday, 10-11 a.m., 12/8, SALT 027, Free, online**

## Arts, Crafts, and Photography

### **Beginning Watercolor (especially for those who think they have no talent), Kurt Jarvis**

This 5-week class is for beginners and will provide the very basic essentials of watercolor art. It will enable even those who think they have no talent to produce an art work of quality. This is NOT an art approach where everyone does the same art work. In this class each person will select an art work from a variety of subject types and styles provided. Watercolor art is the most portable of art approaches and does not require extensive or bulky supplies. A complete watercolor kit including all necessary supplies will be provided at an additional cost of \$10, payable to instructor at the first class.

**Tuesday, 1-2:30 p.m., 09/13, 09/20, 10/11, 10/18, 10/25 ARTC 011, \$37.50+, F2F (Bethea United Methodist Church, 350 W. Perry Rd., behind Walgreens near the intersection of Carolina Forest Blvd. and 501)**

**Carol and Kelli's Craft Class, Carol Osborne and Kelli Barker**

Join Kelli and Carol each week for crafting and end up with lots of presents to give family and friends during the holidays. There will be a \$25 fee for materials, payable to the instructors on the first day of class.

**Wednesday, 10-11 a.m., 11/16-12/7, ARTC 032, \$20+, F2F, (Bethea United Methodist Church, 350 W. Perry Rd., behind Walgreens near the intersection of Carolina Forest Blvd. and 501)**

**Easy Greeting Cards, Ellen Jampole**

You'll make greeting cards for various occasions and end the class with materials and directions to keep making cards after the class is over. Instructor will supply paper and embellishments needed. Materials fee: \$20, payable to the instructor before the first class. Instructor will meet students to give them their materials. If materials must be mailed, you will need to pay postage in addition to the materials fee.

Please register early enough to make receiving the materials possible in a timely manner. You will need to supply colored pencils, pens, or markers, and adhesives.

**Monday, 2-4 p.m., 10/10-10/31, ARTC 014, \$40+, online**

**Hand Quilting /Hand Embroidery, Ellen Metzner**

Students will be taught two basic methods of hand appliqué (needle turn and buttonhole ) and 3-4 hand embroidery stitches (back stitch, chain stitch, French knot). You will then make a quilt sandwich and learn how to transfer a stencil pattern and hand quilt. Your finished project can be made into a pillow or a framed hanging. No prior skills needed. Kit will be available for \$60 to be paid to the instructor.

**Saturday, 10 a.m.-noon, 10/1-10/22, ART 030, \$40+, F2F, Churches Assisting People, 307 Wright Blvd., Conway.**

**Journal Making, Cathy Hatch**

Students will learn how to create and customize a beautiful, themed journal (sometimes called a "junk journal") using many types of paper crafting techniques. At the end of the class, students will have a unique, hand-made journal perfect for writing, or keeping memorabilia, photos, recipes, art and other personal and important information. Students will purchase a journal kit from the instructor which includes decorator paper pad, specialty and vintage paper and book pages, glue, scoring tool, burnishing tool, lace, ribbon, fabric, ephemera kit, belly bands, various pins and clips, dictionary, ledger and book pages, tag blanks and page toppers. Fee of \$75 is paid to the instructor before the class begins. Week 1—Review the journal kit. Make a collage sheet and background pages. Add special papers to the journal (coloring pages, vellum, etc.), place and affix to journal. Week 2—Make decorative ephemera. Use paper cut outs. Make pockets, tucks, tags, and add them to the journal. Week 3—Make clusters, using book and dictionary pages, stickers, buttons, jewels, lace, and ribbon. Week 4—Selecting and adding messages-words and phrases-and adding them to decorations. Make bookmarks, envelopes, belly bands. Week 5— Make inclusions for the journal such as customized items - paperclips, flowers, photo spots, and make a mini journal. Week 6—Decorate the covers and finalize the journal.

**Wednesday, 2-4 p.m., 9/14-10/19, ART 031, \$60+, online**

**Make Your Own Gnome, Judy Lyons**

This fun class includes all supplies EXCEPT a glue gun. These cute gnomes are made with t-shirt fabric and are weighted and stuffed with fiberfill. Your choice of beard color in combination with the body color will give your gnome his own personality. There is a \$10 material fee for the class. Additional gnome kits will be available from instructor for \$10. Gnomes measure approximately 9".

**Tuesday, 10 a.m.-noon, 11/22, ARTC 034, \$10+, F2F, (Bethea United Methodist Church, 350 W. Perry Rd., behind Walgreens near the intersection of Carolina Forest Blvd. and 501)**

**Paper Flower Class, Judy Lyons**

Learn how to construct a Sunflower, Clematis and Poinsettia in this 3-class course. The flowers we construct will be made out of 65# card stock. Each student will receive a pattern to choose the size of the flower they construct. All materials will be supplied from instructor EXCEPT a glue gun and good paper cutting scissors. There will be a \$12 material fee to cover supplies and pattern per class. The largest flower measures approximately 20" and the smallest around 12".

**Monday, 9 a.m.-noon, 9/12, 10/17, 11/21, ARTC 035a, \$15+, F2F**

**Monday, 9 a.m.-noon, 10/17, ARTC 035b, \$15+, F2F**

**Monday, 9 a.m.-noon, 11/21, ARTC 035c, \$15+, F2F, (Bethea United Methodist Church, 350 W. Perry Rd., behind Walgreens near the intersection of Carolina Forest Blvd. and 501)**

**Silk Scarf Painting, Judy Lyons**

Students will be painting color on a 14" x 72" 12mm silk satin scarf. Salt will be applied to create movement in the colors of the scarf. No artistic ability needed for this one. Great for gifts! \$20 material fee covers one scarf and paints needed to create your masterpiece. Please remember to wear old clothes. Additional scarves may be purchased from the instructor for \$15 each.

**Tuesday, 10 a.m.-noon, 11/29, ARTC 036, \$10+, F2F, (Bethea United Methodist Church, 350 W. Perry Rd., behind Walgreens near the intersection of Carolina Forest Blvd. and 501)**

**Tangling for the Zen of It, Ellen Jampole**

Learn tangles (patterns) and relax as you draw them. Tangles are called "doodles" by some people but are much more than that. The instructor will email patterns weekly. You will learn and practice the tangle during class time, then can practice on your own afterwards, if desired. You'll need paper and pencil for the class.

**Tuesday, 2-4 p.m., 9/6-10/4, ARTC 006A, \$50, online**

**Tuesday, 2-4 p.m., 10/11-11/8, ARTC 006B, \$50, online**

**Tuesday, 2-4 p.m., 11/15-12/13, ARTC 006C, \$50, online**

**The Wonderful World of Gel Plate Printing**

This 6-week course will explore just some of the many uses of gel plate printing. A gel plate is a gelatinous slab that you apply acrylic paint, spread out with a brayer, apply objects to create textures and then laying paper on it to 'pull' a print. What can be done with these prints is endless. We will be trying many different texture plates as well as everyday items to create textures, During the 6 weeks we will be making jewelry, a tote bag, bookmarks, ornaments, prints to frame, cards, journals and accordion books (to name a few). There is a \$45 material fee to cover all supplies for the 6 weeks. Additional items to make will be available and can be purchased from the instructor. This class is great for scrap bookers as well as card makers. No artistic ability required.

**Tuesday, 9 a.m.-noon, 10/11-11/15, ARTC 037, \$90+, F2F, (Bethea United Methodist Church, 350 W. Perry Rd., behind Walgreens near the intersection of Carolina Forest Blvd. and 501)**

## Clubs and Discussions

### **Breakfast Club, Kelli Barker**

Start your day off right by enjoying a wonderful breakfast with your SALT friends. We meet the third Tuesday of each month.

**Tuesday, 9-10 a.m., 9/20, 10/18, 11/15, CLUB 013, \$10, F2F**

### **Chew the Fat, Ellen Jampole**

Chew the fat means to talk informally, in a friendly manner. Join us for conversation and laughter as we respond to videos and articles about popular culture/current happenings, discuss things our “home” states are famous for, and many other topics depending on which rabbit holes we fall into. Mid-morning snacks and coffee/tea/beverage of choice are welcomed.

**Monday, 10-11 a.m., 9/12-11/14, CLUB 001A, \$25, online**

**Monday, 10-11 a.m., 11/21-11/28 CLUB 001B, \$5, online**

**Monday, 10-11 a.m., 12/5-12/12, CLUB 001C, \$5, online**

### **Difficult Circumstances Book Club, Kofie Montgomery**

We will read and discuss books about child protagonists who find themselves in difficult circumstances (foster care, non-traditional family unit, etc.).

**Tuesday, 6-7 p.m., 9/20, 10/18, 11/15, CLUB 006, \$5, online**

### **Dining Club Central, Kofie Montgomery**

Join your SALT friends on the second Tuesday of the month for dinner at locally owned restaurants located from Conway to Restaurant Row to Murrells Inlet. Members need to RSVP by the date indicated and order from the menu.

**Tuesday, 5-7 p.m., 9/13, 10/11, 11/8, 12/13, CLUB 007, \$10, F2F**

### **Dining Club North, Polly Putorti**

Socialize with other SALT students while dining.

**Thursday, 5-7 p.m., 9/8, 10/13, 11/10, 12/8, CLUB 008, \$10, F2F**

### **Fun & Games Club, Kris Szepanski**

The group will play games over Zoom. Examples include trivia, Password, Scategories, Fact or Crap. No experience is necessary! Mostly we just like to laugh and have fun!

**Wednesday 5-6 p.m., 9/7-12/14, CLUB 004, \$25, online**

### **Global Cuisines, Carol Osborne**

Join other SALT friends to visit restaurants that serve food from other parts of the world.

**Tuesday, 9/27, 10/25, 11/22, CLUB 015, \$10, F2F**

### **Lunch Bunch, Frankie Harris**

Join us for lunch on the last Wednesday of each month at 1 p.m.

**Wednesday, 1-2 p.m., 9/28, 10/26, 11/30, CLUB 010, \$10, F2F**

## SALT Catalog Fall 2022

### **Sports Club, Kofie Montgomery**

Gather with other SALT members to play laser tag, bowl, bocce, mini golf, batting cages, billiards, and other recreational activities here on the Grand Strand.

**Friday, 1-4 p.m., 9/16, 9/30, 10/14, 11/4, 11/18, 12/2, CLUB 012, \$20, F2F**

### **Taverns, Pubs, and other Eateries, Carol Osborne**

Join other SALT friends to dine at some of the areas best taverns, pubs, and bars. We may sample a pint or two with dinner!

**Tuesday, 5-7 p.m., 9/6, 10/4, 11/1, CLUB 014, \$10, F2F**

### **Three Novels Book Club, Andra Barnette**

Participants will discuss three novels in which the protagonists face relatable major life changes and struggle to change their fates.

**Wednesday, 2-3 p.m., 10/05, 11/2, 12/7, CLUB 016, \$5, online**

## **Fitness, Health, and Safety**

### **Gentle Exercises to Sweat By, Ellen Jampole**

Dislike formal exercise? Come have fun moving around doing strengthening, stamina, balance, and stretching moves. You will need light weights (cans or bottles of water are fine), a hand towel or two, a pillow such as a bed pillow, and a hard chair. You should adapt whatever we are doing to meet your body's abilities/needs and rest as needed. Bring water to drink, too, please.

**Wednesday, 11 a.m.-noon, 9/14-9/28, HEAL 007A, \$15, online**

**Wednesday, 11 a.m.-noon, 10/5-10/26, HEAL 007B, \$20, online**

**Wednesday, 11 a.m.-noon, 11/2-11/23 HEAL 007C, \$20, online**

**Wednesday, 11 a.m.-noon, 11/30-12/14, HEAL 007D, \$15, online**

### **Mindful Meditation, Heather Hufstetler**

Learn and practice simple mindful meditation techniques to improve your energy level and create more joy in daily life. Suitable for all abilities. No special equipment needed.

**Tuesday/Thursday, 3-4 p.m., 9/27-10/13, HEAL 020A, \$30, online**

**Tuesday/Thursday, 3-4 p.m., 10/18-11/3, HEAL 020B, \$30, online**

**Tuesday/Thursday, 3-4 p.m., 11/29-12/15, HEAL 020C, \$30, online**

### **Tai Chi for Beginners, Kofie Montgomery and Sheila Rudesill**

Tai chi is often described as "meditation in motion." You will learn the foundations and up to seventeen moves of a popular tai chi form. Practice of tai chi has been shown to improve balance, increase strength and flexibility, as well as relieve stress.

**Wednesday, 9-10 a.m., 9/14-10/12, HEAL 028A, \$25, F2F (Market Common)**

### **Tai Chi Continuing, Kofie Montgomery and Sheila Rudesill**

You will learn the next 38 moves of a popular tai chi form as you continue your journey to improve balance, strength, and flexibility while decreasing stress. Students need to already be familiar with the tai chi foundations and opening 17 moves.

**Wednesday, 9-10 a.m., 10/19-11/16, HEAL 028B, \$25, F2F (Market Common)**

## History, Government, and Politics

### **Advocacy and Activism: American Women's Voices that Changed the Course of History, JoAnn Tufo**

This course explores the contributions of American women who lifted their voices to speak out against political and social injustice throughout the nation's history. The topics will include slavery, child labor, migrant workers, immigrant advocacy, healthcare, and human trafficking. These stories and accounts will celebrate the irrepressible spirit of women who had the courage to initiate change.

**Tuesday, 1-3 p.m., 9/13-10/4, HIST 140, \$40, online**

### **African American Sites of Horry County, Marian Calder**

Join us as we discuss the history of sites like Atlantic Beach and the variety of communities and schools associated with African American heritage in Horry County. Marian is the assistant director of the Horry County History Museum.

**Thursday, 2-3 p.m., 12/1, HIST 053, \$5, online**

### **Bewitched: The Salem Witch Trials and Other Myths about Women in American History, JoAnn Tufo**

Right in time for Halloween, this class explores the 17th century trials directed at women who dared to step outside the societal norms in colonial America. In addition, it highlights some other misconceptions about ladies whose behavior raised eyebrows and often led to incarceration, social shunning, and character assassination over the past two centuries.

**Tuesday, 1-3 p.m., 10/11-11/1, HIST 142, \$40, online**

### **The Crusades: Christian and Moslem Perspectives, Samih Baalbaki**

When, after the 9/11 attacks, then President W. Bush declared: "This CRUSADE, this war on Terrorism will take a while..." The Christian Science Monitor reported: "President Bush's reference to a 'crusade' ... rang alarm bells..." This was in reference to a series of European invasions of the Holy Land over a four-hundred-year period, specifically cast as a holy war between Christians and Muslims, nominally over control of holy sites in the areas around Jerusalem. We will look at the root causes and circumstances in Europe that led to a 'holy war' provoked by a series of actions and circumstances in the Islamic world, specifically in the Holy Land. This class is not a chronology/history of events that you can find in any history book, but an analysis and critique of the causes and effects of the Crusades that prevailed then and may have left an everlasting confusion between politics and religion that still defines the relationship between the Western and the Islamic worlds.

**Monday 11 a.m.- noon, 9/19-11/21, HIST 138, \$50, online**

### **Dream Catching: Native American Women Entrepreneurs, JoAnn Tufo**

This course explores the early history of indigenous women who stepped outside traditional roles to create new opportunities for themselves and their immediate communities. In addition, the class will highlight contemporary women who have expanded their scope to include retail and technological expansion experiences for their families and extended tribal and non-tribal communities.

**Tuesday, 1-3 p.m., 11/8-11/29, HIST 144, \$40, online**

### **Female Firsts: American Women at the Head of the Line, JoAnn Tufo**

This course explores the lives of American women who paved the way for others by being the "first in their field." We will celebrate women elected to powerful positions in the public sector as well as in private business. These women were in the forefront of sports, technology, entertainment, education, medicine, and so much more.

**Tuesday, 10 a.m.-noon, 10/11-11/1, HIST 141, \$40, online**

**Herbal Medicine during the American Civil War, Yusef Saleeby**

Yusef will introduce us to the book produced in the mid-1860s by Dr. Pierre Porcher, (CSA) from Charleston, SC on herbal medicine to sustain the Confederate Army and the citizens of the Southern States due to the Union embargo/blockade of medicinals from the northern states and Europe. A few herbals/plants will be discussed and their use today.

**Monday, 3-4 p.m., 11/7, HIST 148, \$5, online**

**Hurricanes of Coastal South Carolina, Marian Calder**

From the Spanish Repulse Hurricane in 1686 to Hurricane Florence in 2019, hurricanes have played a major part in South Carolina's cultural and natural history. Join us to learn about a few of the historic storms to hit coastal South Carolina's coast and the impacts that they've had on our area. Marian is the assistant director of the Horry County History Museum.

**Thursday, 2-3 p.m., 11/3, HIST 146, \$5, online**

**Knapping: The Art of Making Native American Tools and Weapons, Glenn Osborne**

Glenn will demonstrate the art of knapping, the shaping of flint, chert, obsidian, or other conchoidal fracturing stone through the process of lithic reduction to manufacture stone tools. Native Americans used this technique to create arrowheads, spears, knives, and other implements.

**Tues/Thurs, noon -1 p.m., 10/18-10/20, HIST 145, \$10, online**

**Local Superstitions & Ghost Stories, Abigail Geedy**

The Horry/Georgetown Area has a long history and, with the passage of time, stories are bound to arise. Whether you've heard about the supposed haunting of local landmarks or just noticed a lot of blue ceilings on porches, there is history and folklore that runs deep in many of these local legends. Join us to learn more about some of these local ghost stories and superstitions. Abby is the technical assistant at the Horry County History Museum.

**Thursday, 2-3 p.m., 10/27, HIST 147, \$5, online**

**Native American Lore and History, Glenn Osborne**

The class will encompass Native American crafts and jewelry, history and facts, and facts and fiction. Osborne has spent a lifetime studying, reading about, and collecting Native American history, crafts, and lore. This interactive class includes showing part of his large collection of artifacts, looking at recreations of weapons, tools, jewelry, etc.

**Tues/Thurs, noon -1 p.m., 10/11-10/13, HIST 052, \$10, online**

**Posting the News: Stories of the Saturday Evening Post, JoAnn Tufo**

This class takes a hard look at the covers of the Saturday Evening Post and how they related to the stories inside. The course uses illustrations and art to understand the state of culture and historic events throughout the time that the iconic Saturday Evening Post was published.

**Tuesday, 10 a.m.-noon, 11/8-11/29, HIST 143, \$40, online**

**Where Were You in '42? Reminiscences of a Fascinating Year, JoAnn Tufo**

This course commemorates the many cultural and political changes that occurred during the first year of World War II in America. Pivotal events, new products, shifts in the economy, and entertainment are discussed and explored. Some of the most influential people in U.S. history would be born in 1942; join in the celebration of their lives as we walk down memory lane.

**Tuesday, 10 a.m.-noon, 9/13-10/4, HIST 139, \$40, online**

## Personal Growth and Skills

### **American Sign Language Continuation, Jason Milliren**

You will be immersed in ASL vocabulary and grammar. A focus on Deaf Culture will be enhanced. By the end of this course, you will be able to manage basic conversational American Sign Language.

**Tuesday, 10 a.m.-noon, 9/6-10/4, PERS 013, \$50, F2F (Bethea United Methodist Church, 350 W. Perry Rd., behind Walgreens near the intersection of Carolina Forest Blvd. and 501)**

### **Outsmart the Scammers! Monica Wilkerson**

This interactive session will help participants learn the differences between phone calls, texts, and emails from scammers and legitimate business communications. Participants will have the opportunity to role play as they apply tips learned from the first session regarding how to react in potential scam scenarios. Additionally, they will learn methods to safeguard their personal accounts.

**Wednesday, 6-7 p.m., 10/5-10/12, PERS 018, \$10, online**

### **Senior Living Options, Tracy Covone**

This class will teach you the difference between senior living options that are available to the 55 plus age group. Active Adult Communities, Senior Apartment Complexes, Retirement Condos, Independent Senior Living, Assisted Living, Memory Care, Skilled Nursing (Short and Long-Term Care) and Continuing Care Retirement Communities (CCRCs) will be described in detail. You will have a great understanding of each option and how to determine if one is the right fit for your, or your loved ones, future needs. This is an excellent opportunity to plan for your future before the need arises. Guest speakers will include a Seniors Real Estate Specialist, Senior Move Manager and an Organizing Expert who will give an overview of the steps to take when planning for a future move.

**Thursday, 1-2 p.m., 9/15-10/6, PERS 017, \$20, online**

## Religion & Philosophy

### **Bible Crash Course, Kurt Jarvis**

This is a 5-week introduction and overview of the Bible. It is a non-denominational study of Bible history, divisions, major persons, and events and uses a storytelling approach of 120 key chronological tales. The Crash Course 120 Bible Stories book is required for \$15, payable to instructor.

**Wednesday, 1-2:30 p.m., 09/14, 9/21, 10/12, 10/19, 10/26 RELG 008, \$37.50+, F2F, (Melech Ha Olam Synagogue, 1131 Shine Ave., Market Common)**

## Science, Math, Nature, and the Environment

### **Basic Algebra for Seniors, Paul Moyer**

Understanding elementary algebra is essential for almost all other mathematical disciplines. This course will focus on classical topics: properties of real numbers, linear equations and graphs, simultaneous sets of equations, quadratic equations and exponents. Side trips of interest to the class will be encouraged.

Only fundamental arithmetic will be needed as a pre-requisite.

**Tuesday, 1-2 p.m., 10/11-11/1, SCIM 013, \$20, online**

**Beekeeping, Allan & Judy Hazel**

Join Sullivan's Island native, Allan Perry Hazel, and his wife Judy to learn about beekeeping and the rich history of A.P.'s Back Beach Bees Honey.

**Monday, 6-7 p.m., 11/21, SCIM 016, \$5, online**

**Birds of Prey, Stephen Schabel**

Join Stephen on Zoom to learn about the behind-the-scenes story of Birds of Prey and then sign up for the excursion we have planned later in the semester to visit the center.

**Tuesday, noon-1 p.m., 10/4, SCIM 015, \$5, online**

**Coastal Conservation League: Conserving Fire Dependent Landscapes, Trapper Fowler**

Participants will learn about the Coastal Conservation League's mission and history. Trapper will also explain why habitat management tools like prescribed fire are crucial for the conservation of our natural resources and for preventing wildfires in the face of a changing climate.

**Thursday, 10-11 a.m., 10/13, SCIM 014, Free, online**

**Fascinating Undersea Adventures with Scuba Couple, Will & Jennifer Fredrickson**

Will and Jennifer have been diving for 18 years and both hold divemaster certifications. They enjoy diving in different environments from saltwater diving reefs in the Caribbean, to frigid freshwater lakes, to black water diving in the Waccamaw River, deep cavern diving in freshwater springs, and shipwreck diving off the coast. They have always been a bit competitive and try to make each other more proficient divers. Join this class to find out more about their adventures and to enjoy some glimpses under the sea.

**Thursday, 5-6 p.m., 11/3, SCIM 017, \$5, online**

**Flora & Fauna of the Carolina Bays, Abigail Geedy**

Did you know that the Carolina Bays in Horry County are the only place in South Carolina you can find Venus Fly Traps growing wild? Carolina Bays are elliptical depressions housing temporary wetlands surrounded by sandy rims. The origin of these dense and marshy depressions have been debated since being brought into the scientific spotlight thanks to aerial photography of the Myrtle Beach area in the 1930s. What isn't up for debate is the unique and familiar wildlife that call the Carolina Bays home, including multiple species of carnivorous plants. Abby is the technical director for the Horry County History Museum.

**Thursday, 2-3 p.m., 9/22, SCIM 010, \$5, online**

**Lawns & Gardens in Coastal South Carolina, Brad Fowler**

Brad, Urban Horticulture Agent with Clemson, will give us tips on planting and maintaining our lawns, trees, shrubs, and flowers.

**Wednesday, 1-2 p.m., 10/5-10/12, SCIM 016, \$10, online**

## Travel Stories

**Alaska, Carol Osborne**

Enjoy photos, travel stories, and information about Alaska, taken from SALT's summer adventure to the great frontier.

**Friday, 10-11 a.m., 9/23, TRAV 036, \$5, online**

## SALT Catalog Fall 2022

### **Exploring the Southwest with Kris and Steve, Kris Szepanski**

WE will share pictures and stories from our recent road trip to New Mexico, Arizona, Utah, and Colorado.

**Wednesday, 10-11:30 a.m., 9/28, TRAV 035, \$7.50, online**

### **Glacier National Park, Carol Osborne**

Enjoy photos, travel stories, and information about Glacier National Park from Carol and Kelli's great adventure in Montana.

**Tuesday, noon-1 p.m., 11/29, TRAV 038, \$5, online**

### **Travel, Valerie Emblen**

During the last two years of Covid and lockdown, international travel became impossible and in UK people were limited to travelling in-country. Valerie found this an exciting spur to explore in her own country and in this talk she will discuss visits to Norfolk, a relatively remote area of the east coast of the UK, from which her family originated. She has photos and will discuss windmills, birds, the beach, and re-visiting her family history.

**Tuesday, 10-11 a.m., 10/11, TRAV 034, \$5, online**

### **Utah's Big Five National Parks, Carol Osborne**

Enjoy photos, travel stories, and information about Zion, Bryce, Capital Reef, Canyonlands, and Arches National Parks from Carol and Kelli's summer adventure.

**Friday, 10-11, 10/21, TRAV 037, \$5, online**

## Writing and Literature

### **Banned Books, Carol Osborne**

Join this relaxed discussion group as we read or reread some of the most famous classics that have been banned or censored repeatedly. We will vote on the 4 books we will read on 9/9 from [this list](#), so register for the class before that date.

**Friday, 10-11 a.m., 9/16, 9/30, 11/18, 12/2, WLIT 016, \$20, online**

### **Sharing Storyworth Stories, Andra Barnette**

Storyworth provides weekly prompts via email to participants, who respond via return email. At the end of a year, the participant gets a book with all the collected material. Class members will share their stories each week about one of the prompts. If you've been wanting to write a memoir for yourself or to share with family, this is a great way to get started. A typical prompt is "What was your first job" or "What were your grandparents like." **There is an initial cost of \$99 to join Storyworth.**

<https://welcome.storyworth.com/>

**Wednesday, 11 a.m.-noon, 9/7-11/9, WLIT 016, \$20+, online**

# SALT Catalog Fall 2022

## At-A-Glance

| Day        | Title                                | Time           | Da                                   | Cc  | Pla       |
|------------|--------------------------------------|----------------|--------------------------------------|-----|-----------|
| Monday     | Paper Flower Class 1                 | 9 a.m.-noon    | 9/12                                 | 15+ | F2F       |
| Monday     | Paper Flower Class 2                 | 9 a.m.-noon    | 10/17                                | 15+ | F2F       |
| Monday     | Paper Flower Class 3                 | 9 a.m.-noon    | 11/21                                | 15+ | F2F       |
| Monday     | Chew the Fat, 9/12                   | 10-11 a.m.     | 9/12-11/14                           | 25  | Online    |
| Monday     | Chew the Fat, 11/21                  | 10-11 a.m.     | 11/21-11/28                          | 5   | Online    |
| Monday     | Chew the Fat, 12/5                   | 10-11 a.m.     | 12/5-12/12                           | 5   | Online    |
| Monday     | The Crusades                         | 11 a.m.-noon   | 9/12-11/21                           | 50  | Online    |
| Monday     | Easy Greeting Cards                  | 2-4 p.m.       | 10/10-10/31                          | 40  | Online    |
| Monday     | Herbal Medicine during Am. Civil War | 3-4 p.m.       | 11/7/2022                            | 5   | Online    |
| Monday     | Beekeeping                           | 6-7 p.m.       | 21-Nov                               | 5   | Online    |
| Tuesday    | Breakfast Club                       | 9-10 a.m.      | 9/20, 10/18, 11/15                   | 10  | F2F       |
| Tuesday    | Gel Plate Printing                   | 9 a.m.-noon    | 10/11-11/15                          | 90+ | F2F       |
| Tuesday    | Travel                               | 10-11 a.m.     | 10/11/2022                           | 5   | Online    |
| Tuesday    | American Sign Language               | 10 a.m.-noon   | 9/6-10/4                             | 50  | F2F       |
| Tuesday    | Where Were You in '42?               | 10 a.m.-noon   | 9/13-10/4                            | 40  | Online    |
| Tuesday    | Female Firsts                        | 10 a.m.-noon   | 10/11-11/1                           | 40  | Online    |
| Tuesday    | Posting the News                     | 10 a.m.-noon   | 11/8-11/29                           | 40  | Online    |
| Tuesday    | Make Your Own Gnome                  | 10 a.m.-noon   | 11/22/2022                           | 10+ | F2F       |
| Tuesday    | Silk Scarf Painting                  | 10 a.m.-noon   | 11/29//2022                          | 10+ | F2F       |
| Tuesday    | Glacier National Park                | noon-1 p.m.    | 11/29/2022                           | 5   | Online    |
| Tuesday    | Birds of Prey                        | noon-1 p.m.    | 10/4/2022                            | 5   | Online    |
| Tuesday    | Basic Algebra for Seniors            | 1-2 p.m.       | 10/11-11/1                           | 20  | Online    |
| Tuesday    | Beginning Watercolor                 | 1-2:30 p.m.    | 9/6, 9/13, 9/20, 10/11, 10/18, 10/25 | 5+  | F2F       |
| Tuesday    | Advocacy and Activism                | 1-3 p.m.       | 9/13-10/4                            | 40  | Online    |
| Tuesday    | Bewitched                            | 1-3 p.m.       | 10/11-11/1                           | 40  | Online    |
| Tuesday    | Dream Catching                       | 1-3 p.m.       | 11/8-11/29                           | 40  | Online    |
| Tuesday    | Tangling for the Zen of It 9/6       | 2-4 p.m.       | 9/6-10/4                             | 50  | Online    |
| Tuesday    | Tangling for the Zen of it 10/11     | 2-4 p.m.       | 10/11-11/8                           | 50  | Online    |
| Tuesday    | Tangling for the Zen of It 11/15     | 2-4 p.m.       | 11/15-12/13                          | 50  | Online    |
| Tuesday    | Taverns, Pubs, and other Eateries    | 5-7 p.m.       | 9/6, 10/4, 11/1                      | 10  | F2F       |
| Tuesday    | Dining Club Central                  | 5-7 p.m.       | 9/13, 10/11, 11/8, 12/13             | 10  | F2F       |
| Tuesday    | Global Cuisines                      | 5-7 p.m.       | 9/27, 10/25, 11/22                   | 10  | F2F       |
| Tuesday    | Difficult Circumstances Book Club    | 6-7 p.m.       | 9/20, 10/18, 11/15                   | 5   | Online    |
| Tues/Thurs | Native American Lore and History     | noon to 1 p.m. | 10/11-10/13                          | 10  | Online    |
| Tues/Thurs | Knapping                             | noon to 1 p.m. | 10/18-10/20                          | 10  | Online    |
| Tues/Thurs | Mindful Meditation 9/27              | 3-4 p.m.       | 9/27-10/13                           | 30  | Online    |
| Tues/Thurs | Mindful Meditation 10/18             | 3-4 p.m.       | 10/18-11/3                           | 30  | Online    |
| Tues/Thurs | Mindful Meditation 11/29             | 3-4 p.m.       | 11/29-12/15                          | 30  | Online    |
| Wednesday  | Tai Chi for Beginners                | 9-10 a.m.      | 9/14-10/12                           | 25  | F2F       |
| Wednesday  | Continuing Tai Chi                   | 9-10 a.m.      | 10/19-11/16                          | 25  | F2F       |
| Wednesday  | Exploring the SW with Kris & Steve   | 10-11:30 a.m.  | 9/28/2022                            | 7.5 | Online    |
| Wednesday  | Carol and Kelli's Craft Class        | 10-11 a.m.     | 11/16-12/7                           | 20+ | F2F       |
| Wednesday  | Sharing Storyworth Stories           | 11 a.m.-noon   | 9/11-11/9                            | 15  | 20 Online |
| Wednesday  | Gentle Exercises to Sweat By 10/5    | 11 a.m.-noon   | 10/5-10/26                           | 20  | Online    |
| Wednesday  | Gentle Exercises to Sweat By 11/2    | 11 a.m.-noon   | 11/2-11/23                           | 20  | Online    |
| Wednesday  | Gentle Exercises to Sweat By 11/30   | 11 a.m.-noon   | 11/30-12/14                          | 15  | Online    |
| Wednesday  | Lunch Bunch                          | 1-2 p.m.       | 9/28, 10/26, 11/30                   | 10  | F2F       |

SALT Catalog Fall 2022

At-A-Glance (cont.)

| Day       | Title   | Time                             | Date   | Cost             | Place  |
|-----------|---|----------------------------------|--|------------------|--------|
| Wednesday | Lawns & Gardens in Coastal SC                                   | 1-2 p.m.                         | 10/5-10/12                                       | 10               | Online |
| Wednesday | Bible Crash Course  | 1-2:30 p.m.                      | <del>9/7</del> , 9/14, 9/21, 10/12, 10/19, 10/26 | 37 <del>41</del> | F2F    |
| Wednesday | Toys for Tots Collection  | 1-2:30 p.m.                      | 12/7/2022  | Free             | F2F    |
| Wednesday | Three Novels Book Club  | 2-3 p.m.                         | 9/7, 10/5, 11/2                                  | 5                | Online |
| Wednesday | Journal Making  | 2-4 p.m.                         | 9/11, 10/19                                      | 60               | Online |
| Wednesday | Fun & Games Club  | 5-6 p.m.                         | 9/7-12/14  | 25               | Online |
| Wednesday | Outsmart the Scammers!  | 6-7 p.m.                         | 10/5-10/12                                       | 10               | Online |
| Thursday  | Conserving Fire Dependent Landscapes                            | 10-11 a.m.                       | 10/13/2022                                       | Free             | Online |
| Thursday  | Happy Holidays from SALT  | 10-11 a.m.                       | 12/8/2022  | Free             | Online |
| Thursday  | Senior Living Options   | 1-2 p.m.                         | 9/15-10/6  | 20               | Online |
| Thursday  | Flora & Fauna of the Carolina Bays                              | 2-3 p.m.                         | 9/22/2022  | 5                | Online |
| Thursday  | Local Superstitions & Ghost Stories                             | 2-3 p.m.                         | 10/27/2022                                       | 5                | Online |
| Thursday  | Hurricanes  | 2-3 p.m.                         | 11/3/22  | 5                | Online |
| Thursday  | African American Sites in Horry County                          | 2-3 p.m.                         | 12/1/2022  | 5                | Online |
| Thursday  | Food Drive  | 3-4 p.m.                         | 9/29/2022  | Free             | F2F    |
| Thursday  | SALT Travelers Meet & Greet                                     | 4-5 p.m.                         | 9/29/2022  | Free             | F2F    |
| Thursday  | Hand Quilting / Hand Embroidery                                 | 4-8 p.m.                         | 9/8-9/29   | 40               | F2F    |
| Thursday  | Fascinating Undersea Adventures                                 | 5-6 p.m.                         | 11/3/2022  | 5                | Online |
| Thursday  | Dining Club North   | 5-7 p.m.                         | 9/8, 10/13, 11/10, 12/8                          | 10               | Online |
| Friday    | Banned Books  | 10-11 a.m.                       | 9/16, 9/30, 11/18, 12/2                          | 20               | Online |
| Friday    | Alaska  | <del>10-11 a.m.</del> 10-11 a.m. | 9/23/2022  | 5                | Online |
| Friday    | Utah's Big Five National Parks                                  | 10-11 a.m.                       | 10/21/2022                                       | 5                | Online |
| Friday    | Not Your Normal 9 to 5  | 11 a.m.-noon                     | 9/16, 9/23, 9/30, 11/4, 11/18, 12/2              | 30               | Online |
| Friday    | Artsy Folks with Fabulous Stories                               | 1-2 p.m.                         | 9/16, 9/23, 9/30, 11/4                           | 20               | Online |
| Friday    | Sports Club   | 1-4 p.m.                         | 9/16, 9/30, 10/14, 11/4, 11/18, 12/2             | 20               | F2F    |
| Saturday  | <del>Christmas Table Topper Class</del><br><b>Hand Quilting</b> | 10 a.m.-noon                     | 10/1-10/22                                       | 40               | F2F    |

## Local and Regional Excursions

We can take a minimum of 10 passengers and a maximum of 13 on each trip. Because room in the van is limited, especially if we reach the maximum number of passengers, participants are only allowed to bring one small backpack or purse on each trip. If you need to travel with additional items (e.g., walkers or wheelchairs), we ask that you drive separately (provided that there is room at the venue). If the cap of 13 van passengers is reached and you would like to drive and meet us at the destination, we will also add you to the roster (provided there is room at the venue). Email us at [customerservice@wnsalt.com](mailto:customerservice@wnsalt.com) if you wish to drive separately.

Please pay close attention to the activity level for each excursion:

**Level 1: Easy**—minimal level of physical activity, minimal walking and limited stairs or standing.

**Level 2: Moderate**—some walking and standing.

**Level 3: Active**—walking a mile or less, climbing stairs, standing for periods.

**Level 4: Moderately Challenging**—difficult or extensive walking, sometimes over uneven terrain, stairs, and/or standing for extended periods.

**Level 5: Challenging**—demanding programs for seasoned outdoor enthusiasts and/or extremely active adults.

We ask that all participants show proof that they are fully vaccinated for Covid-19 before traveling with us. Bring a mask in case the venues we visit require one. Liability waivers should be printed out and signed and presented to Kelli or Carol at the start of the trip. (We will have copies with us if you do not have access to a printer.)

You will receive a full itinerary with departure times and locations (and **estimated** return times) at least two days before the date of the excursion. We depart from the Kohl's parking lot (corner of 544 and Bypass 17) for all trips. If we are going south, we will also stop at Litchfield Landing. If we are going west, we will also stop at University Commons (corner of 501 and University Blvd.). If we are going north, we will also stop at the Lowe's Foods on International Drive.

No refunds unless we are able to fill the seat.

**Wednesday, Sept. 7-Friday, Sept. 9, Cabin Camping and Tubing, Givhans Ferry Park, SC, \$185 (Space for one more couple or one more single; contact Kelli or Carol right away if you are interested.)**

We will be reserving cabins in [Givhans Ferry State Park](#) and coordinating a tubing expedition with [Edisto River Adventures](#). Join us for a fun-filled adventure exploring this state park and enjoying a full day on the river. The excursion fee covers transportation, lodging, and tubing. **Activity level 5.**

**Monday, Sept. 12, Black River Outdoor Tours, Navigate the Cypress Swamp, Conway, SC, EXCU 063, \$55**

This two-hour kayak tour, accessible for all skill levels, is shaded thanks to beautiful cypress trees draped in Spanish moss, so it's a little cooler in the summer. Your knowledgeable (and funny, according to TripAdvisor reviews) guide shares interesting information about the swamp, its plants, and its wildlife inhabitants. The swamp is home to several pairs of nesting osprey, as well as numerous other birds. As we paddle the calm waters on this peaceful kayak tour, you may see snakes, turtles, and sometimes alligators! The snakes are almost all nonvenomous, and all are harmless. We don't bother them, and they don't bother us, but we may get to peek at these animals in their natural habitat! After kayaking, we will stop for lunch in Conway. Lunch not included in excursion fee. Departure 8:15 a.m.

**Activity level 4.**

**Thursday, Sept. 15, The Waccamaw Lady Plantation River Tour, Murrells Inlet, SC, EXCU 064, \$65**

Come aboard for 2-2½ hour private river cruise along the historical Waccamaw River. We'll see rice plantations, trunk gates, slave cabins, moss-laden oak trees, alligators, eagles, and osprey. Your guide, a local historian, will educate you on the history, mystery, and legends of the rice plantations. We will enjoy a nice lunch at K-Rae's Waterway Bar & Grille located at the Wacca Wache Marina. Lunch on your own. Departure 9:00 a.m. **Activity level 2.**

**Monday, Sept. 19, Waccamaw Cooter/Gator Bait Airboat Ride, Murrells Inlet, SC, EXCU 065, \$75**

Enjoy a one-of-a-kind airboat tour along the Waccamaw, Black, and Pee Dee Rivers where no ordinary boat can take you. The pristine surroundings offer up close encounters with some of nature's most awe-inspiring creatures, from native alligators to regal ospreys. Meander through back waters framed by moss-laden oak and cypress trees for an experience no other tour can provide. Departure 10:00 a.m. **Activity level 2.**

**Thursday, Sept. 22, Mystery History Tour and Some Horsing Around, EXCU 066, \$65**

Join us for a full day of adventure! Departure is at 8:30 a.m. **Activity level 3.**

**Monday, Sept. 26, Patriots Point & Fort Sumter, Mt. Pleasant, SC, EXCU 067, \$80**

After boarding our boat at Patriots Point in Mt. Pleasant, we will enjoy a relaxing 30-minute narrated cruise to historic Fort Sumter, where the American Civil War began. At the fort, National Park Service rangers will share stories of those who fought in this battle. Onboard, as we return, take in the views of the Arthur Ravenel Jr. Bridge, Rainbow Row, and the Battery homes of Charleston. We will enjoy a nice lunch on the water in Mt. Pleasant before heading home. Lunch on your own. Departure 7:45 a.m. **Activity level 4.**

**Wednesday, Sept. 28, Cap'n Rod's Lowcountry Plantation River Tour, Georgetown, SC, EXCU 018, \$75**

Join Paige Sawyer aboard Capt. Rod's for a private two-hour boat tour where you'll relax on shaded deck seating. Listen, watch, and learn about the nature and history of America's oldest settled areas, a place where history lives in harmony with the natural world. Vistas of the estuary and salt marshes surround you; perhaps a dolphin or a sea turtle will swim alongside the boat, while bald eagles, terns, pelicans, herons, and egrets dance on the wind. We will enjoy lunch on the waterfront in Georgetown before heading home. Lunch on your own. Departure 8:45 a.m. **Activity level 2.**

**Monday, Oct. 3, Small Town, McClellanville, SC, EXCU 068, \$60**

McClellanville, a small fishing town surrounded by the Francis Marion National Forest, has traditionally derived its livelihood from the Atlantic Ocean and coastal marshes by fishing, shrimping, and oystering. The village originated in the late 1860s when local plantation owners A.J. McClellan and R.T. Morrison sold lots in the vicinity of Jeremy Creek to planters, who sought relief from summer fevers. The first store opened soon after the Civil War, and the village became the social and economic center for a wide area that produced timber, rice, cotton, naval stores, and seafoods. Incorporated in 1926, McClellanville became, and remains, best known for its shrimping fleet and seafood industries. In 1989 the town was devastated by the full brunt of Hurricane Hugo, which destroyed homes, downed century-

## SALT Catalog Fall 2022

old oaks, deposited shrimp boats in front yards, and otherwise altered much of the picturesque character of this historic fishing village. We will stop for lunch in Pawleys Island before heading home. Lunch on your own. Departure 8:30 a.m. **Activity level 4.**

### **Thursday, Oct. 6, Charleston Tea Plantation & Angel Oak, Charleston, SC, EXCU 014, \$80**

The Charleston Tea Plantation is located on the historical Wadmalaw Island, which is the heart of the Lowcountry of South Carolina. Charleston Tea Plantation teas are the only brand in the world made exclusively with 100% tea grown in America. You will enjoy a trolley ride through the tea fields, stopping at the greenhouse and ending with a tour of the factory and a visit to the plantation gift shop. This excursion will include a trip to the legendary Angel Oak Tree and lunch on your own at the Tomato Shed, a farm-to-table restaurant. Departure 8:30 a.m. **Activity level 4.**

### **Monday, Oct. 7, Small Town: Little River, Vereen Gardens, & Meher Baba Center, SC, EXCU 069, \$50**

Home to the annual Blue Crab Festival, and the oldest of the communities making up the Grand Strand, Little River will be our first destination. After learning about this picturesque fishing town, we will make our way to Vereen Gardens, once part of the Vereen family's 400-acre plantation and now owned by the Horry County Parks and Recreation Department. Also on our itinerary for this trip is the Meher Spiritual Center, a spiritual retreat and place of pilgrimage, dedicated to Avatar Meher Baba, for rest, meditation, and renewal of the spiritual life. We will stop for lunch in Calabash. Lunch on your own. Departure 8:30 a.m. **Activity level 4.**

### **Monday, Oct. 10, Bulls Island/Afternoon Private Beach Drop Tour, Awendaw, SC, EXCU 019, \$125**

Coastal Expeditions will drop us off directly at one of the most secluded and pristine beaches in the world of shelling and birding. This will give us the chance to connect with nature as we explore the island for four hours with a guide. Seven miles of Bulls Island's beach are part of the longest stretch of undeveloped coastline on the East Coast and allow for unparalleled shelling, beach combing, and exploring. Our journey will begin with a 30-minute naturalist led boat tour of the saltmarsh estuary and will last a total of four hours. We will stop for dinner at the Seewee Restaurant following our tour. Dinner on your own. Departure 10:45 a.m., so have a hearty breakfast or pack a lunch. **Activity level 4.**

### **Thursday, Oct. 13, Barefoot Queen Riverboat Cruise including lunch, North Myrtle Beach, SC, EXCU 070, \$55**

Enjoy a relaxing and beautiful cruise along the Intracoastal Waterway with 2 interior levels and 3 outdoor deck spaces. The Barefoot Queen has a fully stocked bar with beer, wine, and liquor available for purchase. Onboard entertainment and narration are also included on each cruise. Departure at 10:15 a.m. **Activity level 2.**

### **Friday, Oct. 14, Cape Fear River Adventures, Wilmington, NC, EXCU 071, \$165**

This kayak tour of the Three Sister Swamp of the Black River is a day-long adventure and an eco-tour full of stunning scenery, wildlife sightings, and chronicles of the history and ecology of the region. It is an immersive, challenging excursion that affords unparalleled views of the ancient bald cypress trees from the water up. Plan to pack lunch/drinks and snacks for this day-long trip. Departure at 6 a.m.

**Activity level 5.**

**Monday, Oct. 17, Holy City Church Tour, Charleston, SC, EXCU 072, \$70**

This two and a half-hour walking tour focuses on Charleston's religious history. Charleston is home to some of the oldest Christian and Jewish congregations in the country. We will explore the different denominations, as well as the beautiful architectural gems that were built as their houses of worship. After our tour, we will enjoy some free time in Charleston so that you can have lunch or shop. Departure time is 8:00 a.m. **Activity level 4.**

**Thursday, Oct. 20, Birds of Prey, Awendaw, SC, EXCU 005, \$55**

Join us for a guided tour at the Center for Birds of Prey, including a flight demonstration. Witness a falcon dive at speeds of more than 100 miles per hour. Listen closely as an owl coasts past your head without making a sound. Watch as trained hawks and vultures soar with wild raptors above the center's flying fields. We will stop for lunch in Pawleys Island following our tour. Lunch on your own. Departure time is 8:30 a.m. **Activity level 3.**

**Friday, Oct. 21, Community Gardening with Sybil Lee, Pawley's Island, SC, EXCU 080, \$35**

If you are interested in gardening in South Carolina, this is the trip for you. Sybil will introduce us to a variety of plants and gardening methods, from vegetables to herbs to hydroponics. Lunch will be on your own. Departure time 10 a.m. **Activity level 2.**

**Saturday, Oct. 22, Tabor City Yam Festival, Tabor City, NC, EXCU 073, \$50**

From 1947 to 1961, Tabor City has played host to one of North Carolina's largest festivals. Resurrected again in 1985 through a grant from the state, the Yam Festival gives young and old alike a reason to put on a Yam Man shirt, decorate their homes and businesses, and show up for the most anticipated event of the year! Come with us to visit Tabor City, celebrate the yam, and enjoy good food, entertainment, and lots of fun. Departure time is 8:30 a.m. **Activity level 4.**

**Monday, Oct. 24, Private Shark Tooth Beach Drop/Crab Bank Island, Shem Creek, SC, EXCU 074, \$105**

Enjoy a naturalist-led excursion, departing from Shem Creek to Crab Bank Island, a perfect spot to find shark teeth and fossils. With unmatched views of the Charleston skyline, the Ravenel bridge, and Fort Sumter, and the chance to see dolphin, pelicans, and other wildlife, you won't be disappointed. Our guide will help us identify all the treasures we find. We will stop for an early dinner in Shem Creek before heading back home. Dinner on your own. Departure at 9:30 a.m., so eat a hearty breakfast or bring snacks. **Activity level 4.**

**Wednesday, Oct. 26, Private Shark Tooth Beach Drop/Crab Bank Island, Shem Creek, SC, EXCU 075, \$105**

Enjoy a naturalist-led excursion, departing from Shem Creek to Crab Bank Island, a perfect spot to find shark teeth and fossils. With unmatched views of the Charleston skyline, the Ravenel bridge, and Fort Sumter, and the chance to see dolphin, pelicans, and other wildlife, you won't be disappointed. Our guide will help us identify all the treasures we find. We will stop for an early dinner in Shem Creek before heading back home. Dinner on your own. Departure at 10:30 a.m., so eat a hearty breakfast or bring snacks. **Activity level 4.**

**Thursday, Oct. 27, Yawkey Wildlife Center, Georgetown, SC, EXCU 035, \$50**

Learn about Tom Yawkey and the history of this area as you tour by bus to what is now a habitat for migratory birds, eagles, alligators, and hundreds of species of wildlife. The beaches that are part of this land are considered excellent nesting locations for the threatened loggerhead sea turtle. We will stop for lunch on the way home. Lunch is not included in the excursion fee. Departure time is 8 a.m.

**Activity level 1.**

**Tuesday, Nov. 1, Otis, Honda, and SIMT, Florence, SC, EXCU 076, \$55.**

We will tour several manufacturing plants in or near Florence. Most likely, these will include the Southeastern Institute of Manufacturing and Technology, where we will see fascinating 3-D printing and other innovative practices. We also hope to return to Honda Manufacturing of South Carolina, where they make ATVs and Otis Elevator. Lunch on your own at one of the classic stops in Florence. Departure time is 8:30 a.m. **Activity level 3.**

**Thursday, Nov. 3, Hopsewee Plantation, Georgetown, SC, EXCU 022, \$75**

Learn the rich history of Hopsewee, its previous families as well as its current owners, and the enslaved who lived and worked on the plantation. You will tour the house and cabins, enjoy a Gullah presentation, and then a lunch of one of the following: Shrimp and Grits, Lowcountry Sampler, Blue Cheese Spinach Quiche, or Chicken Salad. Departure time is 9:45 a.m. **Activity level 3.**

**Thursday, Nov. 10 Darlington Raceway Tour and Stock Car Museum, Darlington, SC, EXCU 009, \$55**

No doubt Darlington County is best known as the home of the Darlington Raceway, a major stop on the NASCAR circuit and its oldest speedway, having opened in 1950. Tour the Darlington Raceway Stock Car Museum and NMPA Hall of Fame and browse the gift shop before enjoying pace car rides around the track "too tough to tame." Lunch at Raceway Grill on your own. Departure time is 8 a.m.

**Activity level 2.**

**Friday, Nov. 11, Tour of the Citadel and Parade, Charleston, SC, EXCU 036, \$60**

The Citadel was established in 1842 and was originally located on the Marion Square in downtown Charleston. Today, the beautiful campus, which was moved in 1922 to the bank of the Ashley River, is home to 24 major buildings and houses over 3,400 women and men. The Citadel offers more than 20 full- and part-time graduate and undergraduate programs. We'll tour the Citadel and afterwards enjoy the Friday parade, an impressive event you don't want to miss. We will have lunch before arriving at the Citadel. Lunch on your own. Departure time is 10 a.m. **Activity level 4.**

**Thursday, Nov. 17, Behind the Scenes of Hobcaw Barony, Georgetown, SC, EXCU 015, \$60**

Enjoy an expanded 3-hour tour of Hobcaw Barony for opportunities to see and experience more than what is usually offered to visitors. With stops at the North Inlet saltmarsh, the grounds of Bellefield Plantation, Friendfield Village, and the main floor of Hobcaw House, participants have a chance to spend more time at each location than offered on the daily tour. Departure time is 12:15 p.m. **Activity level 4.**

## SALT Catalog Fall 2022

### **Monday, Nov. 21, Polynesian Luau & Fire Dinner Show, Myrtle Beach, SC, EXCU 077, \$85**

Join us on a trip through the Polynesian Isles accompanied by song and dance at the Historic Hawaiian Inn. Your trip begins with a lei greeting at the St. John's Inn. Then enjoy a buffet dinner while you listen to live music by a Polynesian band. After dinner, the luau show begins. The night ends by an amazing performance by World Champion Fire Knife Dancers. Departure time is 5:15 p.m. **Activity level 1.**

### **Monday, Nov. 28, Mepkin Abbey Creche's Festival, Moncks Corner, SC, EXCU 078, \$65**

Mepkin Abbey, in charming Moncks Corner, is home to Trappist monks, an ancient monastic tradition formed in the 6th century. If you are looking for a one-of-a-kind experience, the Creche Festival at Mepkin Abbey is an event you don't want to miss, with close to 100 creches from the abbey's collection on display each year. We will stop for lunch at the Barony House following our visit to Mepkin Abbey. Lunch is on your own. Departure time 8:30 a.m. **Activity level 4.**

### **Thursday, Dec. 1, Burgwin-Wright Museum House, Wilmington, NC, EXCU 079, \$55**

The Burgwin-Wright House and Gardens is the oldest and largest historic site in downtown Wilmington. There are eight colonial structures left in Wilmington, four on this property: three ballast stone buildings, circa 1744, once the city jail of Wilmington, and the 1770 house. Marvel at the Georgian architecture and get a glimpse of what life was like in Wilmington before the Revolutionary War. All rooms have been restored to 1770 colors and are furnished with 18<sup>th</sup> century antiques. We will arrive in Wilmington early so that you'll have time to walk the beautiful Wilmington waterfront to shop and sit down for a nice lunch before our tour at 2 p.m. Lunch on your own. We may stop at Trader Joe's on the way home if that's the wish of our travelers! Departure time 9:30 a.m. **Activity level 4.**

### **Sunday, Dec. 4- Tuesday, Dec. 6, Biltmore Estates, Asheville, NC, EXCU 044, \$599**

We have taken this trip several times, but we never tire of seeing the Biltmore Estate decorated for the holidays. We hope to have enough participants to take a motor coach to Asheville where we will tour the Biltmore Estate, indulge in a delicious buffet dinner at the beautiful Deer Park Inn, and enjoy the lovely gardens and conservatory as well as Antler Village, where retail shops and the Biltmore Winery offer excellent shopping and tasting opportunities. If time permits, we will also provide free time in downtown Asheville, where our foodies and shoppers will delight in the many restaurants and stores available to them. The anticipated cost, \$599, is dependent on number of registered travelers. Breakfasts included. Deposit of \$200 due by **September 5. Activity level 4.**

### **Wednesday, Dec. 7, Mystery Christmas Lights, EXCU 041, \$50**

Who knows where we may go?! Come join us for a nice evening dinner meal and then we'll take off to discover the most beautiful and creative Christmas lights in the area. You may end up in Charleston, Wilmington, or Florence. Who knows?! Come join us for a nice evening that is guaranteed to put you in the holiday spirit. Dinner is on your own. Departure time 5 p.m. **Activity level 4.**

## National and International Tours for 2022 and 2023

All prices are per person, based on double occupancy and include airfare from Myrtle Beach (unless otherwise indicated). Brochures with full details can be found at [wnsalt.com](http://wnsalt.com) under "Excursions." In some cases, these prices are based on early registration and may go up \$200-\$300 if that early deposit is not made. Arrangements can be made to fly from another location if you are not located in Myrtle Beach.

**Hawaii Three Island Adventure (PWD)**

**November 8-17, 2022**

\$5045, final payment due in August

**New York City Holiday (PWD)**

**December 2-7, 2022**

\$3525, final payment due in September

**Spotlight on Sante Fe Holiday (Collette)**

**December 11-16, 2022**

\$2349, final payment due in October

**Australia/New Zealand (Collette)**

**January 23-February 13, 2023**

\$10,799, final payment due in November

**Southern Harmony (featuring New Orleans & Mississippi's Gulf Coast) (PWD)**

**February 26-March 3, 2023**

\$2349

**Spain & Portugal Highlights (PWD)**

**March 23-31, 2023**

\$4095

**Pacific Northwest and California (Collette)**

**April 23-30, 2023**

\$3099

**Great Lakes Adventure & the Holland Tulip Festival (PWD)**

**May 4-13, 2023**

\$3575

**Colorado Rockies, Rails, & Western National Parks (PWD)**

**June 18-27, 2023**

\$3649

**Alpine Swiss Villages & Rails (PWD)**

**July 19-27, 2023**

\$4845

SALT Catalog Fall 2022

**Majestic Canadian Rockies (PWD)**

**August 6-12, 2023**

\$3575

**Highlights of England, Scotland & Wales (PWD)**

**October 4-13, 2023**

\$4099

**Albuquerque Balloon Fiesta (PWD)**

**October 13-19, 2023**

\$3149

**Montreal & Quebec City Christmas Markets (PWD)**

**November 30-December 4, 2023**

\$2925